

VOL. 12 NO. 1 **MARCH 2016**

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Featured New SIU Members

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New SIU Board of Directors

New BOD Elected at SIU 2015 in Melbourne

During the SIU General Assembly on Saturday, October 17, several new members were elected to a revised Board of Directors slate. In addition, various committees were adapted to better address the needs of SIU today, and in the future.

The SIU is thankful for the hard work and dedication of all Board Members who give so generously of their time and expertise to help the SIU reach new heights and fulfill its mission, The Board's efforts further the society's aim to position

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SIU 2015 Congress Scholarship Reports

In 2015, 10 scholarship recipients were given support to attend the 35th Congress of the Société Internationale d'Urologie (SIU) in Melbourne, Australia, from October 15 to October 18, 2015; scholarships covered registration and housing for the duration of the Congress. Applicants were required to meet the following criteria:

- A Resident or Fellow at the time of application
- A resident of a World Bank-designated 'B' or 'C' country
- Must be presenting an abstract or a video at SIU 2015

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Message from the Publications Chair



Shin Egawa, MD

A Happy New Year to all! At this time let me introduce—to those who are not familiar with it—an important Asian custom. Since ancient times, beginning in the era of the Chinese Yin Dynasty (BC17), twelve signs of the zodiac have been utilized for descriptions of dates, time and orientations. It is unknown

when exactly it happened, but this custom was passed to other Asian countries, and is still present in Japan, Korea, Vietnam, amongst others. This custom is also seen in countries in Western Asia and Eastern Europe, for example: India, Iran, Bulgaria, and Russia.

The zodiac is represented by 12 animals: mouse, cow, tiger, rabbit, dragon, snake, horse, sheep, monkey, rooster, dog, and wild boar. Each New Year is signified by one of the 12 animals, with its own unique characteristics and fortune. This year, 2016, is the Year of the Monkey. The characteristic of the Monkey Year is that all things become more prominent, maintaining order while also experiencing growth. This year, I am sure the SIU will likewise gain momentum, with the guidance of its new Board of Directors (see pages 1-3 of this issue).

One of the greatest benefits of being an SIU member is that we can enjoy the differences in culture and historical backgrounds of various countries. On the basis of this mutual understanding, the SIU will be able to further expand its reach, improving urological education worldwide and bringing urologists together.

I sincerely wish everyone good luck for this year.



SIU Publications Committee Chairman

Dr. Shin Egawa Jikei University School of Medicine Dept. of Urology 3-25-8 Nishi-Shinbashi, Minato-ku, Tokyo, Japan 105-8461 s-egpro@jikei.ac.jp

Layout and Design

SAM Design info@studiosamdesign.com

SIU Central Office

Anna Johansen editor@siu-urology.org

Editor's Note

Thank you to our members and colleagues for making 2015 another successful year for the SIU! We are excited to embark on new and exciting projects for 2016, including our 36th Congress in Buenos Aires, Argentina, October 20–23, 2016.

Don't Miss!

- Reports from our 2015 Resident Travel Scholarship winners
- Our new members feature
- Highlights from the SIU Symposium at EUSC and the SIU Innovators Symposium at SIU 2015
- A sneak peek at SIU 2016!

We hope you will enjoy this issue. Do you have an event or article you want to share with SIU Members? Let us know! All contributions and questions/comments regarding the current issue can be directed to editor@siu-urology.org. We'd love to hear from you.

Anna Johansen editor@siu-urology.org

Submission deadline for next issue: 5 PM EST, March 11, 2016

SIU Board of Directors, 2015–2016

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PUBLICATIONS





SECRETARY



CONGRESS





Inderbir Gill, United States Scientific Programme Chair

expired:



itself as a major international platform for sustainable urological education and collaborative philanthropic activities aimed at improving urological care.

SIU extends its deepest

gratitude to Board Members whose terms have recently

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NEW MEMBERS OF THE BOARD.



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SIU Symposium at EUSC 2015

Session on Management of BPH held November 5 in Dubai



Joyce Baard The Netherlands

From November 5–7, 2015 the fourth Emirates International Urological Conference was held in the Dubai International Convention and Exhibition Center, organized by the Emirates Urological Society (EUS).

The EUS was launched in May 2011 as a sub-specialty of the Emirates Medical Association (EMA) and organized its first annual conference in 2012 to provide a forum for the exchange of views by leading international urological faculty and organizations from around the world. In 2014. EUS signed a collaboration agreement with the Société Internationale d'Urologie (SIU) to host its first Regional Focus Meeting. The combined Conferences were promoted as the "Emirates International Urology Conference" (EUSC), in collaboration with the European Association of Urology (EAU) and the Arab Association of Urology (AAU). This Conference was held November 14-15, 2014, under the patronage of HH Sheikh Hamdan Bin Rashid Al Maktoum - Deputy Ruler of Dubai, Minister of Finance and President of the Dubai Health Authority. EUSC has now grown to become an important conference, thanks to the broad diversity of faculty and attendee profiles, and the high interest levels shown by regional and international societies and healthcare organisations from around the world to collaborate at EUSC.

Building on the celebrated success of the previous EUSC versions, EUSC 2015 promised again a varied scientific and educational program by international collaboration from numerous urologists. In addition to other session formats, EUSC 2015 featured dedicated, interactive and controversial sessions, formed by six international urology associations and societies, including SIU who hosted a half-day symposium. Five delegates representing the SIU travelled to Dubai to give lectures in a well-attended and interactive 2-session

symposium on the conservative and surgical management of BPH.

Amongst the delegates were Prof. Dr. Simon Tanguay, General Secretary of SIU and Head of Urology Oncology at the McGill University Health Center in Montreal, Canada; Prof. Dr. Jean de la Rosette, General Secretary Elect of SIU and Chairman of the Department of Urology at AMC University Hospital Amsterdam, the Netherlands: Dr. Stavros Gravas, member of the SIU Board of Directors—responsible for consensus and education and Associate Professor of Urology at the University of Thessaly, Greece; Dr. Sanjay Kulkarni, General Assembly representative of the SIU and Chief at the Center for Reconstructive Urology in Pune. India: and Dr. Jovce Baard. Consulting Urologist at AMC University Hospital Amsterdam, the Netherlands.



The first part of the SIU session was on the conservative management of BPH. The session started with the first lecture by Dr. Sanjay Kulkarni on the assessment of male LUTS. A comprehensive overview was given on the pathophysiology of BPE, the multifactorial aetiology of LUTS and how to systematically evaluate your patient with LUTS. Secondly Dr. Jean de la Rosette had the challenging task addressing the issue of ED and BPE. Sexual dysfunction and LUTS are highly prevalent in aging men and new data have emerged to indicate potential links in epidemiological, (patho)physiologic and treatment aspects of these two entities and has implications for the (medical) treatment of men with BPE and/ or LUTS as was explained in this lecture. Dr. Stavros Gravas, Chairman of the EAU Guidelines working group on BPH/male LUTS/ BOO also emphasized the multifactorial aetiology of LUTS and especially the role of the overactive bladder in the scala of LUTS. In his presentation the role of antimuscarins either as monotherapy or in combination with a1-blockers in men with OAB and BPO/BPH was addressed as the role of the relative recently introduced b3-agonists. The first part of the SIU session was closed by a lecture from Dr. Joyce Baard, addressing possibly the most bothersome symptom in the range of LUTS, namely nocturia. A brief review was given on the subject and assessment and treatment options were discussed.

In the second part of the SIU session, the surgical treatment options were discussed. Dr. Sanjay Kulkarni presented about the transurethral resection of the prostate, still the 'reference' instrumental treatment for BPH. However, as dr. Jean de la Rosette pointed out, this reference treatment is, for the first time, seriously threatened, as a grow-

ing interest and applicability of laser treatments is evolving. The Holmium and Greenlight laser are the most known and studied lasers but despite their proven efficacy and lower (peri-operative) morbidity they still have not gained widespread acceptability--most probably because of their learning curve and costs. Dr. Stavros Gravas talked about the role of minimally invasive treatments (MIT) for BPH. Various MITs have been developed using new techniques as laser therapy, thermal based

therapies and other modalities as prostatic injections, stents and the prostatic urethral lift. A critical overview was presented addressing the efficacy, morbidity and durability. Finally, Dr. Joyce Baard reviewed the treatment options for big prostates. In patients with large gland (>80ml) treatment of choice was (and often still is) an open simple prostatectomy. However, new enucleation technologies have been developed usually assisted by a type of laser changing the surgical pallet for patients with BOO and big prostates. By the introduction of bipolar techniques, especially, enucleation could be global applicable.

In addition to the SIU session, EUSC 2015 offered a very interesting and diverse program resulting in an excellent world-class scientific meeting. The SIU is proud to collaborate with the EUS and looks forward to an exciting 2016 meeting.

SIU 2015 Congress Scholarship Recipients

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Below are some selected reports from successful applicants on their experience at SIU 2015.



Saurabh Gupta India

It was a matter of great honor and privilege for me to be a part of 35th Congress of Société Internationale D'Urologie

in Melbourne Australia from October 15–18, 2015. I would like to sincerely thank SIU for giving me the Resident Scholarship to participate and present my institution's work in such a prestigious and much-awaited annual event, in front of such an eminent panel of urologists.

Standing alongside stalwarts of urology and listening to their work and presentations was like a dream come true for an aspiring urologist. Indeed, it was a once-in-a-lifetime experience.

I was able to learn about the latest developments and standards of practice in the field of urology, throughout the world. It was a unique experience to see, hear and meet all the renowned urologists, under one roof at the same time during the SIU Congress. Being an infant (Resident) in the field of urology, participation in the SIU Congress helped me to determine my role models and goals in this vast field.

My involvement as a trainee resident introduced me to various realms of urological research worldwide. Interactions with senior faculty members from different nations and trainee residents from different parts of world at the social evenings were another highlight of this event.

My sincere gratitude to my teachers and mentor Dr S N Sankhwar (Prof and Head of Dept. of Urology, King George's Medical University Lucknow, India) and Prof. Apul Goel for encouraging me to participate in this event. I am highly indebted to SIU for granting Resident Scholarships to budding young urologists to participate in such an academic event and broaden their horizons.



Belthangady Monu Zeeshan Hameed India

The 35th SIU Congress was undoubtedly one of the best urology conference I have attended to

date. The congress consisted of several sessions,

paper, poster presentations and discussions on various topics in urology. This conference has contributed to our knowledge by covering almost all aspects of urology. There were instructional courses which were essential to update the residents and also urologists in various branches in urology. Indeed, this SIU Congress in Melbourne was a great experience for me, and it has also helped me in developing my interest in female urology and uro-oncology. It was a great opportunity for me to meet the esteemed consultants, finest urologists from around the world and learn from them.

The arrangements at the conference venue were amazing. I also thoroughly enjoyed my stay in Melbourne and visited all the attractions in the city. I am indebted to Société Internationale d'Urologie for giving me this scholarship and also contributing to my career. I am looking forward to attending the 36th SIU Conference at Buenos Aires with great zest.



Robin Joshi Nepal

My heartfelt gratitude to SIU for giving another opportunity to attend the SIU Congress held in Melbourne, Australia.

The congress was seamless and very fruitful. In Melbourne, learning and sharing have been a complete urological package. I was able to witness discussion on radical surgeries like prostatectomy, cystoprostatectomy, and nephrectomy. Which one is best during a debate on "Open vs robotic surgeries" did not matter much to me, other than the extensive discussion that I enjoyed thoroughly. I was able to meet my mentors from India (Dr. Sudhir Rawal), Japan (Dr. Shirayasi) and Dr. John Davis from MD Anderson. It was an immense pleasure to get introduced to other world-renowned authorities. The pleasure of being a part of congress did not end in meeting the world authorities in urology: my paper presentation on Transmesocolic Pyeloplasty for Left-Side Pelvi-ureteric Junction Stenosis: A Pioneer Initial Experience in Nepal was highly appreciated by the chairpersons and was great motivation to do more. It has given me the opportunity to move forward in giving lectures on laparoscopic urology and debate on uro-oncology one day.

Apart from educational days, we had lots of fun during the SIU night. It was a well-organized party with lots of activity like watching wild animals like pythons and crocodiles. My two sons and wife who had accompanied me enjoyed the food delicacies and rugby game. They also took bus tours to different places in Melbourne. Very eye-catching, as they said when they returned from the trip.

I must admit that my stay here in Melbourne has been a comprehensive package of entertainment and learning opportunity to polish my urology surgical knowledge. I am very indebted. After Melbourne, a visit to Sydney was as memorable, with lots of things to cherish to today.



John Paul Emerson Marinas Philippines

It is with deep gratitude that I extend my heartfelt appreciation to the SIU Melbourne 2015 organiz-

ers for granting me an SIU Resident Scholarship. It was truly a one-of-a-kind experience, especially to a young urology trainee like me, being able to attend for the first time such a prestigious international urology congress. Presenting our eModerated Research Poster in front of an international audience is already an astounding experience, and to be able to share our knowledge and learn from different urologists worldwide is what truly makes SIU an amazing and distinct congress.

In a resource-limited tertiary government hospital in our country, we still do a lot of open stone surgery and with the advancement in procedure and technique, my dream is to offer the "standard of care" to our patients that people all over the world benefit/enjoy. I particularly liked the sessions on Stone Diseases and attending the Master Class. Tips & Tricks on PCNL/URS/RIRS sessions because these made a big impact on me to learn and hopefully apply this in our setting. These were well-attended sessions because they brought together the leading experts and "gurus" all over the world to share their knowledge and experience. I believe pursuing this will be more practical and attainable for me in treating patients in our country. And also, without attending the conference, I would not be able to personally meet Dr. Ravindra Sabnis, Head of MPUH Urology in Gujarat, India who was the chair and speaker for Surgical Tips on PCNL. I am thankful for his knowledge/insights and hopefully, I plan to learn and train more on this field of endourology.

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Lastly, I am very much thankful to my mentors, Dr. Carmela Lapitan, Dr. Eliza Raymundo, Dr. Dennis Serrano and to our partners in industry for supporting me and making my attendance in SIU 2015 possible. Seeing and hearing from urology textbook authors and experts in the field is already astonishing. I am inspired to learn and train more so as to give our patients better options and render excellent health-care service.

Indeed, it has been an honor and a privilege to attend the SIU Congress. It was truly a magnificent experience not only for the convention itself but also to visit the beautiful city of Melbourne. Thank you to SIU who has given me this wonderful opportunity, and I wish to be part of SIU in future endeavors. More power to SIU and God bless!



Mohamed Kamal Omar Egypt

First of all, I wish to acknowledge the travel fund from the Société Internationale d'Urolo-

gie providing the great opportunity allowing me to attend the 35th annual meeting of the SIU, which was held at Melbourne convention center (Melbourne, Victoria, Australia) from October 15–18, 2015.

The Société Internationale d'Urologie Congress throws light on the most provoking topics and recent research in the field of urology like, endourology, clinical ppdates, neuro-urology and uro-dynamics, urologic oncology, pediatric urology, robotic urology, urinary incontinence, stress incontinence, genitourinary medicine, uro-gynecology, and many more.

More than 2,000 scientists from various continents attended this meeting. The SIU has become a major international platform for sustainable urological education and collaborative philanthropic activities aimed at improving urological care.

As a young urologist, I was excited while presenting my 7 posters, while enjoying answering the audience questions and recognizing criticism. Attending this conference has enriched my ability to understand and conduct the highest standards of urological care to my patients, and also achieve international cooperation in research and continuing urological education.

One of the greatest opportunities was the friendly environment of the meeting and the diverse nationalities of urologists attending from all over the world to share in advancing urology worldwide.

In my opinion, such meetings, are of a greatest important in shaping and motivating young

urologist for achieving a world class care for their patients



Ranjeet Patil India

First and foremost, I am greatly honoured and deeply humbled by the SIU bestowing on me a SIU Resident Travel

Scholarship to attend the SIU Congress 2015 in Melbourne, Australia. I am a urology resident from India in second year of my MCh. Urology course. It has been an experience of a lifetime to attend the conference in such a beautiful part of the world. I became a SIU member around one year back, as urology residents across the world can avail from free SIU membership. I never imagined just filling out a form casually at an SIU counter at a conference would bring such a great time in my life.

The conference was an intellectual treat covering all aspects of urology. The scientific programme was well thought out and organized efficiently. The first day had symposia of various countries and groups which were very informative, thorough and precise. Day two had multiple plenary sessions which included very informative Master Classes on various topics. Master Classes on Management of the Azoospermic Male and Complex Penile and Urethral Reconstruction Surgery were the highlight for me. On the third day I presented posters in the Residents' Forum where I got to interact with fellow residents from around the world. The Master Class on Troubleshooting in PCNL taught me its tips and tricks from real Masters in the field.

The Melbourne Convention and Exhibition Centre, which was the venue for the conference had excellent facilities. It was conveniently located near the city centre and had a tram stop just outside. The South Warf Promenade on the Yarra River bank provided a great back drop for SIU night, which was fun.

I also got to explore various tourist destinations of Australia during my trip with help of a guide book provided during the conference. The Great Ocean road tour and penguin parade on Phillip Island were enjoyable. On the way back I also got a chance to visit the beautiful and iconic Sydney Opera house. I enjoyed the Melbourne skyline from Eureka Skydeck 88 and Melbourne Star.

I also got to experience the weekends and nightlife in Melbourne with a night concert at the Royal Botanical Gardens, football match at Etihad stadium and MotoGP grand prix at Philip Island.

Lastly, attending the SIU 2015 Congress in Melbourne has shown me a global perspective on various aspects of Urology and will help to improve my skills and knowledge to be a better Urologist in future. Now I know how SIU is actually Advancing Urology Worldwide.

Applying for the SIU 2016 Resident Travel Scholarship

The scholarship covers registration and housing for the duration of the Congress (4 nights at SIU-appointed hotel).

Requirements for application:

- Must be a Resident or Fellow at the time of application.
- Must reside in a World Bank—designated "B" or "C" country. To see a list of the World Bank classifications, please visit our website (http://www.siu-urology.org/society/join-siu)
- Must have submitted at least one abstract for the SIU 2016 Congress. Submit your abstract online via siu-urology.org

Abstract submission deadline is April 1, 2016 at 11:59 PM EDT.

Online application must include:

- Application form available on http://www.siu-urology.org/congress-2016/application-for-resident-travel-scholar-ship-for-siu-2016
- 2. Proof of Resident or Fellowship Status
- 3. Brief statement relating how attendance at SIU 2016 would benefit applicant's education.

Applications are due May 2, 2016. Please contact us at scientific.programme@siu-urology.org if you have any questions.

For more information on SIU 2016, go to: http://siu-urology.org/congress-2016

WE ARE SIU



WE BRING UROLOGISTS TOGETHER

SIU Innovators at SIU 2015



Peter Black, Canada, Chair, SIU Innovators and Technology Committee

The 35th Congress of the SIU in Melbourne marked a milestone in the establishment of the SIU Innovators. On Thursday, October 15 we held the very first SIU Innovators Symposium. This was a very successful start to what will become a highlight of the annual meeting.

Who is an SIU Innovator?

The idea behind the Innovators is to engage and promote early career members of the SIU community. Engaging means drawing young members into the organization in order to take an active role in the meeting, in committees, in the SIU Academy, and for peer review of articles in our journal, the *World Journal of Urology*. Promoting means providing young members with opportunities for academic growth, including the opportunity to present original work or deliver state-of-the-art presentations. At the same time, the Innovators are invited to help shape the SIU of the future, to ensure it remains a dynamic organization that is attractive to young urologists.



This year's inaugural symposium captured the spirit of this Innovators initiative. With speakers and panelists from all corners of the world, the first half of the program was titled "Transforming Trinity Bivalacqua (USA) made the case for the possibility of using tissue-engineered autologous "neo-urinary conduits" (NUC) to replace the ileal conduit in the future. He described the results of a trial in which a patient's own adipose-derived smooth muscle cells were used to populate a biodegradable scaffold that was surgically implanted 4 weeks after seeding in patients undergoing cystectomy for bladder cancer. Fernando Secin (Argentina) applauded Dr. Bivalacqua for the groundbreaking work, but carefully outlined some of the hurdles that must be overcome before this type of diversion can be implemented in practice.

Kian Tai Chong (Singapore) laid out the evidence supporting the use of MRI-TRUS fusion





SIU Innovators Reception in Melbourne

Urologic Surgery through Innovation". Each talk on a recent key innovation was followed by a critical appraisal by another expert in the same field.

for all prostate biopsies, suggesting that pre-biopsy MRI followed by fusion biopsy can reduce the risk of missing a significant lesion on biopsy. **Shingo Hatakeyama (Japan)** countered that the evidence is not adequate to support fusion in all cases, but rather only in select clinical scenarios.

Ting-Wen Huang (Japan) described technical advances in the realm of sacrocolpopexy and suggested that the minimally invasive approach, whether laparoscopic or robotic-assisted, is the new standard. Dean Elterman (Canada) offered a thoughtful appraisal including concerns related to use of mesh for pelvic prolapse repair. Although the proportion of sacrocolpoplexies being done by a minimally invasive approach has risen rapidly, the rate of vaginal colpoplexy has increased at a much higher rate than sacrocolpoplexy, and the need for even less invasive solutions should drive further innovation.

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Innovators

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The fourth talk focused on novel minimally-invasive treatments for BPH, highlighting especially Urolift, Rezüm and Aquabeam. The Rezüm requires injection of water vapor into the prostate to ablate benign hyperplasia (BPH), and the Aquabeam delivers a high-power saline stream under ultrasound guidance to cut BPH tissue without producing heat. This latter technology has been tested in first-inman trials by the SIU Distinguished Career Award winning Peter Gilling (New Zealand), who provided the critical appraisal of this presentation. While highlighting some of the potential advantages of these technologies, Dr Gilling also described the use of Histotripsy for treatment of BPH.

Peter Black (Canada) reported that molecular subtyping of bladder cancer based on gene expression data has revolutionized how we think about the disease. Similar subtyping has been long established in breast cancer where it provides a fundamental framework for further molecular analysis. In response, Wassim Kassouf (Canada) highlighted that the data remain fairly preliminary, that gene expression is only one piece of the puzzle, and that tumor heterogeneity is an obstacle to the adoption of biomarkers in clinical practice.

In the final presentation of the first half of the program, Paolo Gontero (Italy) provided a critical appraisal of the role of 11C-choline PET-CT in the context of biochemical recurrence after local therapy for prostate cancer. We were privileged to have James Eastham (USA) offer his view of advanced imaging techniques in the salvage setting. Both presenters noted especially the low positive predictive value of 11C-choline PET-CT, as well as its inability in true positive cases to define accurately the extent of disease, which limits its utility for salvage therapy. Both look forward to novel radiotracers, including those linked to PSMA, to enhance PET imaging.

The second half of the program focused on surgical simulation in the training of urologists. The session kicked off with a spirited debate between





The SIU Innovators reception provided an opportunity for young urologists to meet with colleagues from around the world.

Siska van Bruwaene (Belgium) and Nathan Lawrentschuk (Australia) on the merits of simulation as an essential component of urologic training. Mohammad Shamim Khan (United Kingdom) delivered a keynote talk describing implementation of a national surgical simulation training program in the UK. This was followed by a second keynote talk by Khurshid Ghani (USA), who spoke on surgical skills assessment in the Michigan Urological Surgery Improvement Collaborative (MUSIC). Both the UK training program and the MUSIC program are forward-looking mechanisms to deliver and measure effectiveness of surgical training.

The simulation session culminated in **Keith** Rourke (Canada) leading a panel discussion of

some of the key issues related to implementation of simulation in Urology, with all the speakers acting as panelists. The discussion highlighted some of the obstacles to widespread adoption of simulation, including resident access to simulators, cost, and integrating simulation into a formal training program that includes faculty supervision.

The SIU Innovators Symposium will return to the 36th SIU meeting in Buenos Aires, October 20–23 in 2016. All meeting attendees, young and old, are invited to attend this session, and to contribute to making it a lively and interactive event. We are planning another exciting program that will showcase up-and-coming urologists from around the globe.



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What's New at SIU Academy

Clinical Case Studies

STREAM of mLUTS: SIU TRaining program on Evaluation And Management of Male LUTS

An innovative and interactive multi-modular educational program on the management of male LUTS.

This program has been submitted to the European Accreditation Council for Continuing Education (EACCME) and is awaiting CME approval*.

Module 1: Man with LUTS

Scientific Committee



Chair Stavros Gravas, MD, PhD, FEBU, Greece Members Marco Blanker MD, PhD, The Netherlands Walter Ingarozza MD, Italy Jon Rees MD, United Kingdom

Learning objectives

- 1. Understand the multifactorial etiology of LUTS
- 2. Explain the rationale and follow the key steps for the initial assessment of patients with multifactorial LUTS
- 3. Identify men at risk for clinical progression
- 4. Identify patients' expectations and priorities for treatment
- 5. Recognize the need for treatment
- 6. Understand the existence of comorbidities in patients with LUTS
- 7. Counsel patients about treatment options based on the efficacy and safety of available medical therapies and findings from patient evaluation
- 8. Explain follow-up strategies for patients with LUTS
- 9. Identify patients who require referral to a urologist

Module 2: Man with LUTS with risk of progression

Scientific Committee



Chair Stavros Gravas, MD, PhD, FEBU, Greece Members Mauro Gacci, MD, Italy Jaspreet S. Sandhu, MD, United States

Learning objectives

- 1. Understand the multifactorial etiology of LUTS
- 2. Recognize LUTS and the need for treatment
- 3. Explain the rationale and follow the key steps for the initial assessment of patients with multifactorial LUTS
- 4. Identify men at risk for clinical progression
- 5. Identify patients' expectations and priorities for treatment
- 6. Understand the existence of comorbidities in patients with LUTS
- 7. Counsel patients about treatment options based on the efficacy and safety of available medical therapies and findings from patient evaluation
- 8. Explain follow-up strategies for patients with LUTS

COMING SOON

Module 3 and Module 4

This educational activity was made possible by SIU's Corporate Sponsor, GlaxoSmithKline

AIM for NMIBC: Advanced Imaging Modalities for Non-Muscle Invasive Bladder Cancer

An innovative case study providing an in-depth look at advanced imaging modalities for the management of NMIBC using a patient case example. This program has been submitted to the European Accreditation Council for Continuing Education (EACCME) and is awaiting CME approval*.

Scientific Committee



Chair Théo de Reijke MD, PhD, FEBU, The Netherlands Members

Ashish M. Kamat MD, MBBS, FACS, United States Rafael Sanchez-Salas MD, France Badrinath R. Konety MD, MBA, United States Arnulf Stenzl, MD, Germany

This educational activity was made possible by SIU's Corporate Sponsor, Karl Storz

Learning objectives

- 1. Demonstrate an understanding of the epidemiology, health care costs, and impact on patient quality of life of NMIBC
- 2. Identify the tools available for diagnosis of NMIBC
- 3. Describe the unresolved issues associated with NMIBC
- 4. Describe the various imaging modalities available for use in diagnosing NMIBC, including new developments in imaging and their advantages and disadvantages
- 5. Discuss the potential impact of new imaging modalities on the treatment of NMIRC.

What's New at SIU Academy

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eSERIES

The Design and Initial Survival Analysis Outcomes from the STAMPEDE Trial

An eSeries presenting the latest news about the STAMPEDE trial, which has a tremendous impact to the management of prostate cancer. Prof. Nicholas James also share some pointers on understanding oncology clinical trials in general.

Author



Nicholas James MD, PhD United Kingdom

Learning Objectives

- 1. Explain the changing prognosis of men starting long-term ADT
- 2. Define the role of radiotherapy in M0 disease
- 3. Discuss the role of chemotherapy in hormone-naïve prostate cancer

This educational activity was made possible by SIU's Corporate Sponsor, Sanofi Oncology

New Content Category

Library of Gold Standard Urologic Surgeries

The SIU is pleased to announce a new category of content from SIU Academy. The Library of Gold Standard Urologic Surgeries features high-quality videos of important urologic procedures performed by eminent surgeons. Each video is further supported by a commentary from a member of our SIU Academy international panel of experts, as well as a link to additional resources on the topic. With this new content, SIU is able to provide residents, trainees, urologists and healthcare professionals from around the world access to important teaching and learning tools.

New content will be added on a monthly basis.

The SIU-WJU Article of the Month Series

SIU is pleased to announce new content on SIU Academy: The **Article of the Month** series. This initiative represents an important collaboration between SIU and its official monthly journal, the *World Journal of Urology* (WJU). The **Article of the Month** series features a WJU article recommended by a member of an SIU Academy sub-committee. A link to WJU to download the article, as well as an accompanying editorial will also be available on <u>SIU Academy</u>.

This content is available exclusively to SIU Members. Please log in via the Member Login section on the right-hand side of the SIU website. If you would like to become a member of the SIU and have exclusive access to content such as this, go to www.siu-urology.org/society/join-siu.

COMING SOON

A Clinical Case Study on Renal Trauma

An exclusive SIU-clinical case study built around a pediatric renal trauma case including a What if scenario which addresses the question of the management of complications in pediatric and adult patients after renal trauma.

Scientific Committee



Chair
Benjamin N. Breyer MD, MAS, FACS, United States

Members

Sean Elliott MD, MS, FACS, United States Reynaldo Gomez MD, FACS, Chile



Join us on SIU Academy for the first live **eGrand Rounds in Endourology** to be held on **April 14, 2016**.

The event will consist of a combination of live surgeries and didactic lectures that complement the cases featured in the surgeries. Visit our website for updates and to register: http://siu-urology.org/academy/feature-of-the-week

This programme is brought to you by SIU's Corporate Sponsor, Karl Storz



SIU 2016 in Buenos Aires

See You There!

With so many urological conferences happening around the world, here are a few reasons why SIU 2016 is the ONE to attend!

A Scientific Programme Like No Other

- 3.5 days of diverse scientific sessions highlighting what YOU need to know, no matter your geographical or practice setting
- Over 100 international experts from around the world
- Joint SIU-ICUD Consultation on Urologic Management of the Spinal Cord Injured Patient
- 2nd SIU Nurses' Educational Symposium
- Full programme details available at www.siu-urology.org

Abstract Submission deadline



April 1, 2016 at 11:59 PM, Eastern Daylight Saving Time (EDT)

Apply online: www.siu-urology .org

Radiation oncologists

Uro-gynecologists

General practitioners

Interventional radiologists

Medical oncologists

Reconstructive surgeons Who Should Attend? Residents and trainees PhDs

Allied health professionals

A Friendly and Collegial Atmosphere

SIU represents a close-knit community of international urologists, and the Congress features world experts presenting the latest and most relevant advancements in urology that you need to know about. The condensed format of SIU Congresses gives you a one-of-a-kind opportunity for more high-quality interactions with leaders in urology.

A Fun and Exciting Venue

Buenos Aires is known for its world-class cultural events, fashion, food and architecture. Visit one of the various milongas throughout the city to get a taste of the tango, or enjoy a ballet or concert at the Teatro Colon—the main opera house of the nation's capital. Take a break from taking in

the sights and enjoy an empanada, a choripan, or sample some of Argentina's world-famous beef. You are sure to find a treat to satisfy every palate.

No matter what your interest, make sure to extend your stay beyond the Congress and take in some of the best the city has to offer!

Stay with Us!

Book housing through the SIU before **June 17**, **2016**, for a chance to win great prizes! Visit <u>www.siu-urology.org</u>, or contact housing@siu-urology.org for more details.

For details on Registration and Housing, visit us at www.siu-urology.org and connect with us through Facebook and Twitter to stay up-to-date on upcoming promotions and Congress announcements!



Featured New SIU Members



Victor Edache Onowa Nigeria

Name: Dr. Victor Edache Onowa

Location: Jos, Nigeria

Position: Senior Registrar (Urology) at Federal Medical

Centre, Makurdi / Jos University Teaching

Hospital, Jos, Nigeria

I am a trainee in urology at the Jos University Teaching Hospital, Jos, Nigeria. I am undertaking my training under the supervision of Prof. V M, Ramyil, Head of Urology, Department of Surgery, Jos University Teaching Hospital. I have spent over two years in urology training which is for a period of three years. I commenced my training in urology after completing a thirty (30) month training in surgery (general surgery).

I first learned about Société Internationale d'Urologie through a Fellow in my training institution who had benefited from an SIU scholarship for further training in India. He benefited significantly from that and speaks enthusiastically about it. The SIU is indeed a reputable international society,

offering opportunity for advanced training for urologists all over the world. I particularly look forward to positive interactions with well-known urologists who are also members of this society, as I believe there is much to be gained from such interactions.

I decided to become a member of the SIU because it offers ample opportunities to young urologists to develop their career. This opportunity is available to all globally, being that it is an international society. It's even more relevant to urologists in the developing world who may otherwise not get the opportunity to better their practice. I also appreciate the platforms provided to enhance one's urological knowledge, such as access to journals and the SIU Academy, an e-learning platform. I am from Nigeria and practice in Nigeria where endourology practice is still in its primordial stages. I would like the SIU to generously organize an avenue to help young urologists in this part of the world improve their endourology exposure and skills. Thank you, SIU, for this opportunity.



Homayoun Zargar Australia

Name: Dr. Homayoun Zargar Location: Melbourne, Australia

Position(s): Fellow Royal Melbourne Hospital, Peter

MacCallum Cancer Centre, and Australian

Prostate Cancer Research

I am a urological surgeon practicing in Melbourne, Australia. My subspecialty interests are uro-oncology and minimally invasive surgery. After completing my urological training in New Zealand I pursued fellowship training in uro-oncology at the Vancouver Prostate Center, Canada, followed by a minimally invasive surgical fellowship at the Cleveland Clinic, United States. I am currently completing a minimally invasive uro-oncology fellowship in Melbourne, Australia. I have had the privilege of being mentored by some of the leading figures in prostate cancer treatment including Professors Martin Gleave, Larry Goldenberg, Anthony Costello and Declan Murphy. My research interests include bladder cancer (mentored by Peter Black, Vancouver Prostate Center) and robotic surgery (mentored by Jihad Kaouk, Cleveland Clinic). Under the mentorship of such experts in these fields I have contributed over ninety

publications to peer-reviewed journals and have developed a great interest for academic urology.

Société Internationale d'Urologie (SIU) membership provides an international platform for research development and collaboration. The SIU 2015 Melbourne organizing committee invited me to present an overview of robotic inguinal lymph node dissection for penile cancer. My SIU colleagues assisted me with compiling and presenting a state-of-the-art overview of this rare disease, which would not have been otherwise possible. Furthermore, the SIU meeting generated interest for future multi-institutional research in this field. This example simply summarizes what a truly global scientific society can offer and the reason why one should consider joining and contributing to SIU.

At my first SIU annual meeting in Melbourne I had an opportunity to meet and interact with some of the leaders in the fields of bladder, prostate and renal cancer. I am a frequent attendee at all major urological meetings; however, I have never had the opportunity to access and interact with the keynote speakers with the effortlessness that I experienced at the SIU Congress in Melbourne. I look forward to a longstanding and productive association with SIU.

SIU ACADEMY REACHES OVER 43,000 USERS. ARE YOU ONE OF THEM?

